



## PALM SUNDAY (03/28/2021)

This day commemorates the triumphant entry of Our Lord into Jerusalem. The people welcomed Him by spreading their clothes and laying down leaf branches on the road chanting "Hosanna! Blessed is He who comes in the name of the Lord! Blessed is the kingdom of our father David That comes in the name of the Lord!" Hosanna in the highest"

## MAUNDY THURSDAY (PESAKA - 03/31/2021)

This day commemorates the 'Washing of the Feet' (Maundy) and the Last Supper of our Lord with the Apostles. Maundy Thursday initiates Easter Triduum which commemorates the passion, death, and resurrection of our Lord; this period includes Good Friday, Holy Saturday, and ends on the evening of Easter.



## GOOD FRIDAY (04/02/2021)

On this day we as Christians commemorate the passion/suffering and the death of Jesus Christ on the cross on Calvary. On this day Judas Iscariot betrayed Jesus, Jesus was arrested in the Garden of Gethsemane, Peter denied Jesus three times, Jesus brought before the Roman Governor Pontius Pilate, Pontius Pilate declared Jesus innocent and washed his hands clean to not be a part of this condemnation, the crowd gathered outside demanded Jesus be crucified and Barabbas (a murderer) be set free, Pilate handed Jesus over to be crucified, Jesus carried his cross to Golgotha where he was crucified with 2 criminals, Jesus suffered on the cross for 6 hours, during his last 3 hours darkness fell over the whole land, Jesus spoke: "My God, my God, why have you forsaken me?", Jesus cried out again with a loud voice and yielded up His spirit, the veil of the temple was torn in half, the earth quaked, rocks were split.

## HOLY SATURDAY (04/03/2021)

Also known as "Great Saturday", this day is commemorated as the 40-hour-long vigil that the followers of Jesus Christ held after his death and burial on Good Friday. On this day, Jesus Christ's body lay in the tomb and His triumphant descent into Hell took place as he proclaimed good tidings to souls imprisoned.



## RESURRECTION SUNDAY (EASTER) (04/04/2021)



Also referred to as Qyomto, Easter Sunday marks the resurrection of our Lord and Savior Jesus Christ. Our Lord was crucified on the cross on Friday and rose again after three days as seen by the empty tomb that Mary Magdalene visited and the angels she encountered. Remember that we started the Great Lent with the 'Day of Forgiveness' or Shubkono and in its conclusion, we receive peace once again through Christ's glorious victory on the Cross. We should glorify God for triumphing over the evil and corruption of this world and seek to renew our relationship with him so that we may be with him for life everlasting.



# Introduction

## MESSAGE FROM THE PRESIDENT

Dearly beloved brothers and sisters in our Lord Jesus Christ,  
Christ is Risen! Indeed He is Risen!

The absolute faith of the Christian Church is on the basis that our Lord Jesus Christ, the Incarnate God came to this world in human form, who was killed; but resurrected on the third day and sits on the right-hand side of the God the Father, with the Holy Spirit. He will come again, to judge both the living and the dead. He is one in Trinity - Triune God, but inseparable one living God.

St. Matthew tells us that Jesus' first words after rising from the dead were, "Do not be afraid". In the human form, in man's nature, Jesus was hesitant to go into suffering at the garden of Gethsemane. But He did it because He knew it was right. It was His purpose, and He was born for it. And he relied on God to give Him strength. He was crucified, died, but He resurrected on the third day.

The women, who were watching Him die, witnessing Joseph, along with Nicodemus, laid His body to rest and went to the tomb on the third day to embalm Him. We know the story from the gospel writers, how the women were afraid at the Tomb. 1st John 4:18 says, 'Perfect love drives out fear'. Because of Jesus, we ultimately have nothing to fear. Death is swallowed up in joy. This is the meaning of Resurrection Day or Easter.

Yes, Christ is Risen! Indeed He is Risen!

With greetings and prayers

Sincerely,

**John Thomas Achen**

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# SMJH YOUTH NEWS



## April 2021 Issue:

Importance of Holy Week

PAGE 01

Introduction

PAGE 02

Upcoming Events

PAGE 03

English Qurbana Date

PAGE 03

Prayer Requests  
& Zoom Links

PAGE 04

This Month's Gospel  
Readings

PAGE 04



## Important Church Dates

- Apr. 1st: Maundy Thursday
- Apr. 2nd: Good Friday
- Apr. 3rd: Holy Saturday
- Apr. 4th: Kymtho/Easter
- Apr. 5th: Memory of HG Kuriakose Mar Gregorios
- Apr. 5-10: Hevore/Bright week
- Apr. 7th: Memory of H.G. Mar Thoma VI known as Valiya Mar Divanasios Metropolitan (Puthencavu).
- Apr. 15th: Memory of H.G. Geevarghese Mar Ivanios (Mar Baselios Dayara, Kottayam).
- Apr. 17th: Memory of Geevarghese Mar Philexinos aka Puthencavil Kochu Thirumeni
- Apr. 21st: Memory of Yuhanon Mar Episcopa (Chengannur)
- Apr. 23rd. St. George's Day



**Pampady Thirumeni** was known as the holy hermit of Tabor. His Grace shared his spiritual gifts of love and kindness to people around him from all religious and social sects.. The saintly bishop was a true testament of his faith, humility and charity.



**Puthencavil Kochu Thirumeni** was the Metropolitan of Thumpamon diocese who was a well known orator. Thirumeni was the light of the spiritual revival in the church and an advocate of the catholicate of the Malankara Orthodox Syrian Church.

## English Qurbana Date : April 24th

### Upcoming Events

- APRIL 2ND: GOOD FRIDAY
- APRIL 3RD: HOLY SATURDAY
- APRIL 4TH: EASTER
- APRIL 24TH: ENGLISH QURBANA



## Message from the Youth Leaders

Hi everyone!

We hope that you're all doing well. We were so blessed to have our annual Lenten Retreat led by Rev. Fr. Dr. Timothy (Tenny) Thomas. Achen thoroughly explained the importance of the Great Lent and how we can use it to overcome our stress and anxieties. We are so grateful for all of you who attended. As we enter Holy Week, we pray that you recenter your lives to Our Lord and understand the importance of this coming week. As we come to the end of the Great Lent, we encourage all of you to continue that spiritual fire and relationship with God that you have grown throughout this time. Lastly, if you ever need someone to talk to about something going on in your life, you can contact any of the youth leaders through GroupMe or WhatsApp.

Sincerely,  
The Youth Leaders

# April Gospel Readings

## April 1: Maundy Thursday - St. Luke 22: 14-30

In this passage, we can see the institution of the Eucharist and Jesus imparting the mysteries of the new covenant to His followers. This inaugurates the great deliverance of humanity from sin through the power of the Cross.

## April 2: Good Friday

**Morning:** St. Matthew 27:1-10; St. Mark 15:1-10; St. Luke 22:63-71; St. John 18:28-40

**Third Hour (9 AM):** St. Matthew 27:26-31; St. John 19:5-11; St. Mark 15:21-22; St. Luke 23:26-31

**Sixth Hour (Noon 12 PM):** St. John 19:15-22; St. Matthew 27: 38-44; St. Mark 15:29-32; St. Luke 23:34-43

**Ninth Hour (3 PM):** St. Matthew 27:45-56; St. Mark 15:33-41; St. Luke 23:44-49; St. John 19:23-30

**Cross Adoration:** St. John 19:31-42

## April 3: Holy Saturday - St. Matthew 27: 57-61; 62-66

Joseph of Arimathea asked Pontius Pilate for Christ's body and was given the body; he wrapped it in clean linen cloth and laid it in his new tomb. By asking for the body of Jesus, this rich man has shown that his faith has overcome fear.

## April 4: Kymtho/Easter - St. Matthew 28: 1-20

This passage depicts the events indicating that Christ has risen. In this scripture, a great earthquake is mentioned which is a sign of our Lord's great victory over death, foreshadowing the general resurrection of all humanity.

## April 11: 1st Sunday after Easter (New Sunday) - St. John 20: 19-31

Jesus appears before St. Thomas along with all the other disciples. St. Thomas, who was reluctant to believe Christ has risen unless he sees the print of the nails and put his fingers into the print of the nails. This doubt gave birth to faith when the answer was revealed.

## April 18: 2nd Sunday after Easter - St. John 21:1-14

Jesus reveals Himself to the disciples for the third time at the Sea of Tiberias. Jesus often revealed Himself after Resurrection through words and acts that were familiar.

## April 25: 3rd Sunday after Easter - St. John 21: 15-19

Christ singles out Simon Peter. Peter was the leader among the disciples and thus had to be the first to confess his love for the risen Lord. Peter had denied Christ three times and here Christ restores him with a threefold confession of love.

SEVEN DAYS KNOWN AS BRIGHT OR WHITE WEEK. IT IS THE WEEK FOLLOWING EASTER SUNDAY, DAILY LECTONARIES REGARDING FAITH WAS GIVEN TO THOSE WHO RECEIVED BAPTISM. THE CATECHUMENS WHO RECEIVED BAPTISM WORE WHITE ATTIRE THE WHOLE WEEK WHILE BEING INSTRUCTED IN FAITH.

## Special thanks to:

Editors:

Michael Mani & Ryan Jose

Youth Leaders:

- Vice President: Alvin Cherian

- Secretary: Emma Joseph

- Treasurer: Alex Mani

President: Rev. Fr. John Thomas

Church Leaders:

- Secretary: Mr. Monzy Mani

- Treasurer: Mr. Geevarghese Jacob

Youth Senior Advisors:

Blessy Tharian & Tharun Eapen



**New Sunday**  
Jesus appeared to Thomas



## Zoom Links

### EVENING PRAYER:

SATURDAYS AT 6:15 PM MEDITATION & 6:30 PM PRAYER

DIAL +16465588656

MEETING ID: 841 6201 2423

ENTER # FOR PARTICIPANT

### SUNDAY SCHOOL GENERAL SESSION

SATURDAYS AT 5:30 PM

[HTTPS://US02WEB.ZOOM.US/J/83091421672](https://us02web.zoom.us/j/83091421672)

MEETING ID: 830 9142 1672

PASSCODE: 935461

(ZOOM LINK WILL BE SENT VIA GROUPME/WHATSAPP)

## Prayer Requests

For the well-being of our church, and community.

The church mourns the loss of our member

Mrs. Mariamma Thomas (Manhattan) and

Mr. Mathew Mani (father of Monzy and Winzy Mani;

grandfather of Michael, Alex, Eliza, and Helena).

The church extends our condolences on the loss of our

Very Reverend Dr. Mathai Yohannan Sankarathil Cor

Episcopos of St. Thomas Orthodox Church Levittown, NY,

Keeping all the families in our prayers.

